



DLRA Compliance Illicit Drugs in Sport Breath Alcohol Test - Standard Operating Procedure

SCOPE	<p>This procedure details the actions required by a DATO to select a Participant for Testing, through to the reporting and referral to the Race Director following a Positive Reading from a Confirmation Test.</p> <p>It also outlines the compulsory action which must be taken by the Race Director as a result of such Positive Readings.</p> <p>To ensure good governance and duty of care, random Testing may be conducted on Participants in any land speed activity held under the DLRA sanction.</p>
DEFINITIONS	<p>Capitalised terms used in this procedure have the meanings as defined below:</p> <ul style="list-style-type: none"> • Breathalyser means a device used to conduct Testing by means of a breath sample. • DATO means DLRA Accredited Testing Official. • Chaperone means an authorised person (preferably a DLRA-accredited Official) who accompanies and observes a Participant following a Positive Reading from a Screening Test, up until the completion of a Confirmation Test. • Confirmation Test means a Participant’s second Test, performed by a DATO following a Screening Test. • Crew means any individual(s), regardless of whether they hold any DLRA licence or not, who is assisting or associated with a competitor, driver, co-driver or navigator. • Mouthpiece means a disposable plastic tube that is inserted into a Breathalyser. • Negative Reading means a reading that is less than or equal to “0.010” as displayed on a Breathalyser. • Official has the meaning given to that term in the NCRs. • Other Individual means any of the following: <ul style="list-style-type: none"> ○ DLRA contractors; ○ any individual(s) who has agreed to be bound by this Policy; and ○ any individual(s) who is advised in writing, by DLRA, that they may be subjected to Testing for a specified period. • Participant means any of the following: <ul style="list-style-type: none"> ○ Drivers and Navigators; ○ Officials; ○ Crew; and ○ Other Individuals. • Policy means the ‘DLRA Alcohol Policy’ published by DLRA and as may be amended from time to time. • Positive Reading means a reading greater than “0.010” as displayed on a Breathalyser. • Screening Test means a Participant’s first Test, performed by a DATO. • Testing means the process of collecting and analysing bodily samples to detect alcohol in a Participant.
PROCEDURE	<p>1 SELECTION OF A PARTICIPANT FOR TESTING</p> <p>1.1 The DATO shall determine the Participant(s) to be tested. The DATO shall record details of all Testing undertaken on the DLRA Breath Alcohol Testing Log</p>



DLRA Compliance Illicit Drugs in Sport Breath Alcohol Test - Standard Operating Procedure

Sheet.

1.2 The DATO shall liaise with the Clerk of the Course and/or the Race Director as necessary, to determine the best time to conduct Testing. Any potential impact Testing may have on the running of the Meeting should be considered at this time.

NOTE: Ideally, Testing should be conducted prior to participation in competition, however it may be carried out at any time during the course of a Meeting.

2 NOTIFICATION OF A PARTICIPANT FOR TESTING

2.1 The DATO shall identify themselves and their role to the Participant by showing the appropriate credential.

2.2 The DATO shall advise the Participant of the authority for Testing as prescribed under the Policy.

2.3 The DATO shall ask the Participant if they have been Tested previously at a Meeting or if they would like an explanation of the procedure. If the Participant has not been tested previously or so requests the DATO shall provide them with an explanation of the procedure.

2.4 If the Participant refuses to submit to Testing, or deliberately fails to follow the instructions of the DATO, the DATO shall warn the Participant that such a refusal will result in the matter being referred to the Race Director for due process which shall include exclusion as prescribed under the Policy.

2.5 If the Participant still refuses to submit to Testing or fails to follow the DATO's instructions, the DATO shall refer the matter to the Race Director.

2.6 The Race Director must exclude the Participant from that day of the Meeting, in accordance with the Policy.

2.7 For Meetings that consist of multiple days of practice or competition, the Participant may resume their participation no sooner than the next day.

3 CONDUCTING A SCREENING TEST

3.1 The DATO shall instruct the Participant to take a deep breath and blow steadily and forcefully into the adequate amount of breath has been obtained. Mouthpiece until the Breathalyser indicates that an adequate amount of breath has been obtained.

NOTE: All Breathalysers must meet the requirements of Australian Standard 3547 – Breath Alcohol Devices for Personal Use. DLRA is currently responsible for ensuring this requirement is met and maintained.



DLRA Compliance Illicit Drugs in Sport Breath Alcohol Test - Standard Operating Procedure

3.2 If requested to do so, the DATO shall show the Participant the Screening Test result displayed on the Breathalyser.

3.3 If the Breathalyser displays a Negative Reading, the DATO shall advise the Participant that Testing is complete. This concludes the procedure for this Participant.

3.4 If the Breathalyser displays a Positive Reading, the DATO shall conduct a Confirmation Test, as described in section 4 of this procedure.

4 CONDUCTING A CONFIRMATION TEST

4.1 The DATO shall show the Participant the Positive Reading displayed on the Breathalyser and inform them that a Confirmation Test is required to determine if they have breached the Policy.

4.2 The DATO shall inform the Participant that the Confirmation Test will be undertaken no sooner than 15 minutes and no later than 20 minutes after the Screening Test.

NOTE: the official 'time' of the Screening Test is the time the Participant started blowing into the Mouthpiece.

4.3 The DATO shall instruct the Participant that, during the 15-20 minute waiting period, the Participant must not eat, drink, smoke or put anything in their mouth (for example, chewing gum).

4.4 The DATO shall engage a Chaperone to isolate and observe the Participant until the Confirmation Test is completed. If no individual is available to act as the Chaperone, the DATO shall perform this section 4.4.

4.5 After 15 minutes, but before 20 minutes, the DATO shall insert a new Mouthpiece and shall instruct the Participant to take a deep breath and blow steadily and forcefully into the Mouthpiece until the Breathalyser indicates that an adequate amount of breath has been obtained.

4.6 If requested to do so, the DATO shall show the Participant and the Chaperone the Screening Test result displayed on the Breathalyser.

4.7 If the Breathalyser displays a Negative Reading, the DATO shall advise the Participant that Testing is complete, and no further action shall be taken against the Participant.

4.8 If the Breathalyser displays a Positive Reading, the DATO shall refer this to the Race Director, as described in section 5 of this procedure.

5 REFERRING A POSITIVE READING FOLLOWING A CONFIRMATION TEST



DLRA Compliance Illicit Drugs in Sport Breath Alcohol Test - Standard Operating Procedure

	<p>5.1 If a Confirmation Test results in a Positive Reading, the DATO shall advise the Participant that they are in breach of the Policy and that the matter will be immediately referred to the Race Director and the Clerk of the Course by way of a report.</p> <p>5.2 The DATO shall provide a report, which is to include the DLRA Breath Alcohol Testing Log Sheet as well as a verbal briefing, to the Race Director and the Clerk of the Course as soon as practicable.</p> <p>5.3 The Race Director must exclude the Participant from that day of the Meeting, in accordance with the Policy.</p> <p>5.4 For Meetings that consist of multiple days of practice or competition, the Participant may resume their participation no sooner than the next day.</p> <p>5.5 If the Race Director consider that a further penalty is warranted against the Participant, then the Race Director shall make such a recommendation to DLRA.</p> <p>6 DATO'S REPORT</p> <p>6.1 Following any Positive Reading from a Confirmation Test, the DATO shall provide copies of all reports generated, to the Clerk of the Course for inclusion with the Clerk of the Course Report.</p> <p>6.2 At the conclusion of all Testing for the Meeting, the DATO (and Chaperone if applicable) shall sign all DLRA Breath Alcohol testing log sheets produced and forward all reports and log sheets to DLRA.</p>
<p>SAFETY NOTES</p>	<ul style="list-style-type: none"> • If a Participant is excluded from that day of the Meeting, the DATO shall remind the Participant of their legal and moral obligation to not drive if they are over the legal limit (currently "0.050" under Australian law). • Participants who are under the influence of alcohol pose a greater risk of injury to all other motor sport Participants. For example, Drinkwise Australia advise that a blood alcohol concentration level of up to "0.050" could cause the following effects on an individual's driving ability: <ul style="list-style-type: none"> ○ Reduced ability to see or locate moving lights correctly; ○ Reduced ability to judge distances; ○ Increased tendency to take risks; and ○ Decreased ability to respond to several stimuli.
<p>ENVIRONMENTAL NOTES</p>	<ul style="list-style-type: none"> • The DATO shall dispose of both the Mouthpiece and its wrapping plastic in a sealed bag or container and placed in a general-purpose rubbish bin or hazardous waste container.