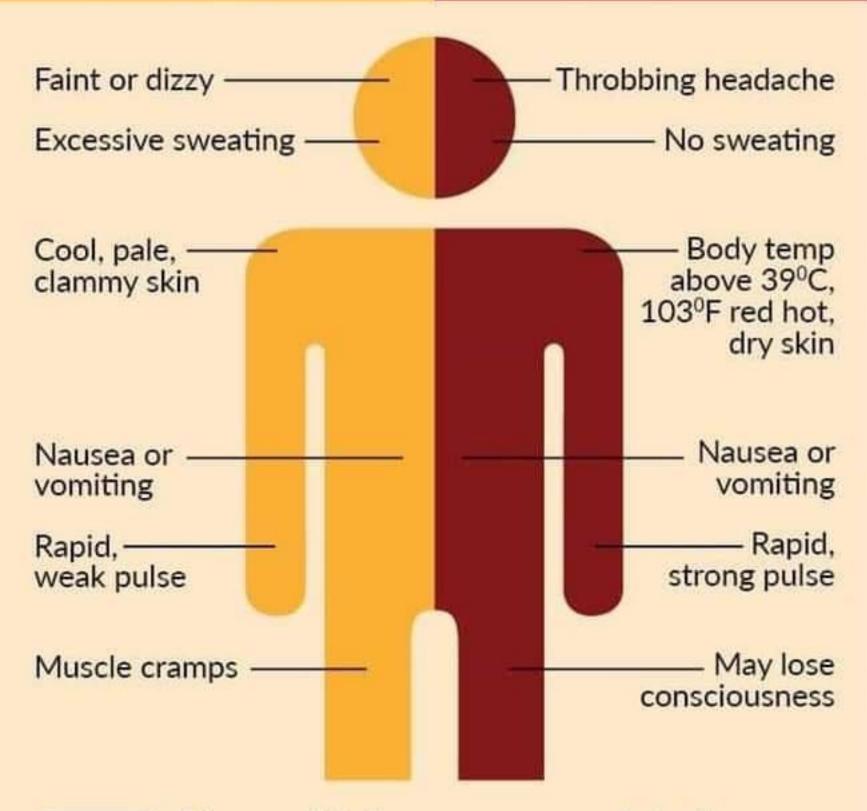
HEAT EXHAUSTION

HEAT STROKE



If you think someone might have heatstroke, call 000 immediately.

While waiting for help, move the person into a cool, shady place.

Remove any unnecessary clothing.

Wet their skin with water and ice packs if possible.